



911 Training Institute

GROUP CRISIS INTERVENTION

This 2-day course is designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum.

Knowing that many Critical Incident Stress Management (CISM) teams must complete an ICISF certified class, 911TI has built a class to **not only meet necessary qualifications but also focus on the specific stressors and critical incidents experienced by First Responders.**

Participants will leave class understanding:

- Key Crisis terms & concepts
- Key Stress terms & concepts
- Resistance, Resilience and Recovery
- Components of the CISM system
- Elements of the CISM strategic planning formula
- Informational vs. interactive groups
- The need for appropriate follow-up services and referrals

Participants will also gain the tools necessary to excel at a wide range of group crisis intervention services, including:

- Demobilizations
- Defusings
- Critical Incident Stress Debriefing (CISD)

- ◆ Class is recommended for both CISM and Peer Support team members
- ◆ Scenarios/Role Plays will be tailored to the specific needs of 911 professionals and field responders.
- ◆ Approved by the International Critical Incident Stress Foundation
- ◆ State Approvals: MI SNC MCI2024-4537

DATES & LOCATION

Hosting Opportunities are available to agencies in and beyond the U.S.

All classes offered both on-site and live-virtual via Zoom

Visit our website to view current dates & locations.

CLASS FEE

\$445/person

Fee includes the International Critical Incident Stress Foundation Student Manual

TO REGISTER



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ABOUT THE INSTRUCTOR

Dr. Rick Janka is a licensed clinical psychologist and the Clinical Director at Solid Ground Counseling. He has held positions as a Corrections Psychologist, Reserve Deputy, and Michigan State Police Staff Psychologist. In this latter role his responsibilities included training crisis negotiators, dispatcher wellness training, and serving as coordinator for the department's Peer Support Program. Dr. Janka is also an ICISF certified CISM Instructor.

Dr. Janka received his Doctorate degree in Clinical Psychology from the Michigan School of Psychology, and has an M.A. in Counseling Psychology from Moody Theological Seminary.